

# BEING CURIOUS

## Outlines and Recordings of the Presentations

### Carers Understanding the Gateway

#### *Carers SA National*

**Friday 19<sup>th</sup> February 2021**

**Brief Description:**

Carers SA provides support to unpaid carers across South Australia.

From April 2020, under the Government's new carer support model, Carers SA has become the main provider of services for South Australia's 250,000 unpaid carers.

With 30 years of experience, Carers SA provides unpaid carers with a range of support services including carer support planning, emergency respite, peer support and coaching, in-person counselling and tailored financial packages.

Carers are at the heart of everything we do.

We want carers contribution to be valued and their voice to be heard.

**Presenter:** Sharon Tentye

**Recording Link:** <https://vimeo.com/516954580/e626e38800>

**Resources:** <https://www.carersaustralia.com.au/>

<https://www.carerssa.com.au/>

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### Wellbeing in Ageing – Refining the Blend

#### *Global Centre for Modern Ageing*

**Thursday 11th March 2021**

**Brief Description:**

The Global Centre for Modern Ageing (GCMA) undertook an expansive study on older Australians' wellbeing and response to COVID-19 restrictions, spanning March to July 2020.

The research revealed the following:

- The resilience of older Australians and their preparedness to adopt new technologies to maintain social connection, and minimise the risk of virus exposure.
- Particularly, the use of telehealth services to access primary healthcare and manage risk.

Julianne Parkinson, GCMA's C.E.O., will present research findings, with a focus on telehealth, and discuss the opportunities for aged care providers, and the potential of telehealth to improve wellbeing of aged care service users, including residents, families, staff, and clinicians.

**Presenter:** Julianne Parkinson

**Recording Link:** <https://vimeo.com/549142201/08d14d5c16>

**Resources:** [www.gcma.net.au](http://www.gcma.net.au)

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## **Ageism is discrimination.**

### ***Every AGE Counts Campaign***

**Tuesday 8<sup>th</sup> April 2021**

**Brief Description:**

Ageism is not benign or harmless. It is a big problem because it impacts on our confidence, quality of life, job prospects, health, and control over life decisions. It is pervasive but often hidden.

EveryAGE Counts is an advocacy campaign aimed at tackling ageism against older Australians. It is led by a broad based national coalition of individuals and organisations committed to tackling ageism.

To better understand the beliefs and behaviours that drive ageism, in 2017 The Benevolent Society commissioned a three part research study The Drivers of Ageism to redefine the narrative of ageing in Australia and to drive positive change in economic, social, health and civic participation outcomes.

**Presenter:** Marlene Krasovitsky

**Recording Link:** <https://vimeo.com/549157811/99eca53cb1>

**Resources:** <https://www.everyagecounts.org.au/>

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## **Let's Talk & Reconnect**

### ***Relationships Australia NSW***

**Tuesday 13<sup>th</sup> April 2021**

**Brief Description:**

Let's Talk, funded by the NSW DFV Innovation funding allocation, provides support, mediation and counselling to older persons, and their families/carers, who are negotiating change, making decisions regarding future planning, or wishing to resolve spousal/partner, family and intergenerational conflicts. The service assists individuals and families dealing with issues of age-related declining health, changes in circumstances, and elder abuse. Let's Talk's remit is to enable older persons and their families/carers to have difficult conversations safely, to mitigate the potential for abuses of the older person. The guiding principle of Elder Mediation is to keep the needs, rights and wishes of the older person paramount.

**Presenter:** Fiona Tait

**Recording Link:** <https://vimeo.com/549249568/0f12f97daa>

**Resources:** <https://www.relationshipsnsw.org.au/support-services/lets-talk-elder-support-and-mediation-service/>

## Taking action to prevent abuse of older people

### *Aged Rights Advocacy Service*

**Tuesday 11<sup>th</sup> May 2021**

**Brief Description:**

Aged Rights Advocacy Service (ARAS) has been supporting older people in South Australia to uphold their aged care and human rights since 1990. ARAS is the South Australian member of the Commonwealth funded Older Persons Advocacy Network (OPAN). ARAS advocates can assist any person to access and interact with the community or residential aged care service providers in relation to rights violations or concerns of abuse in any setting occurring towards an older person.

**Presenter:** Doris Gioffre

**Recording Link:** <https://vimeo.com/548251322/0555b2f775>

**Resources:** [www.sa.agedrights.asn.au](http://www.sa.agedrights.asn.au)

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## Multicultural diversity

### *Multicultural Aged Care (SA)*

**Friday 4<sup>th</sup> June 2021**

**Brief Description:**

MAC has four main functions:

- To strengthen and support groups in their operations and delivery of aged care services.
- To provide resources and training focusing on the aged care sector
- To deliver aged care services through our 7 social support group programs
- To advocate for and inform the community, governments and businesses about culturally appropriate aged care.

MAC is funded as part of the Partners in Culturally Appropriate Care (PICAC) and Commonwealth Home Support Program (CHSP).

**Presenter:** Maria Johns

**Recording Link:** N/A

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## Real Care Second Time Around Co-designing improved aged care services for Forgotten Australians and Care Leavers.

### *Helping Hand Aged Care*

Wednesday 21<sup>st</sup> July 2021

**Brief Description:**

Helping Hand Aged Care has been working with a group of older Forgotten Australians/Care Leavers to co-design ways to improve their access to aged care services and improve the quality of services delivered by aged care providers. The work is designed to ensure that this group of older Australians can access the care that they need as they age.

Fran and Meg will discuss barriers faced by Forgotten Australians/Care Leavers and the resources that the project has produced to improve access to aged care services for Forgotten Australians / Care Leavers.

**Presenter:** Fran Lovell and Meg Schwarz

**Recording Link:** <https://vimeo.com/583266255/ee45438034>

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## Home, an exploration of research into the meaning of home.

### *Sally Mordike*

Friday 20<sup>th</sup> August 2021

**Brief Description:**

What makes home 'home'? This presentation will discuss the meaning of home for older people from a spiritual perspective, according to findings of a recent research project as part of a Master's degree. We will discuss why knowing what 'home' means is important for the care of older people in Australia today, what the research project entailed, what the findings were, and implications for practice. As part of the presentation, participants will be asked about their own experiences of home and what home means to them, so there will be an experiential component as well.

**Presenter:** Sally Mordike

**Recording Link:** <https://vimeo.com/590890795/d8a59d2f1b>

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For more information: <https://www.agedservicesworkforce.com.au/being-curious-webinar-series/>