

ACSA INCONTINENCE PACK

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INTRODUCTION TO PERSONAL INCONTINENCE CARE

Course Duration

50 minutes

Subject Matter Expert

TENA

This course has been developed to provide an understanding of the different types of incontinence and the care someone affected by incontinence requires.

Target Audience

The course is aimed at anyone working in the Aged Care sector required to undertake incontinence training.

Learning Outcomes

This course will provide an understanding of:

- the different types of incontinence and causes of incontinence
- the challenges experienced by those who are affected by incontinence
- the different types of treatments and lifestyle interventions, and
- considerations when assessing incontinence needs.

LEAKAGE PREVENTION

Course Duration

20 minutes

Subject Matter Expert

TENA

This course has been developed to provide the learner with an understanding of good practice pad leakage prevention for care recipients with incontinence.

Target Audience

This course is aimed at any staff working in an aged care facility required to undertake incontinence training.

Learning Outcomes

This course will provide an understanding of:

- good practice leakage prevention

- leakage prevention strategies
- procedures for managing pad leakage, and
- continuous feedback and improvement.

PERINEAL SKIN CARE IN RELATIONS TO INCONTINENCE

Course Duration

30 minutes

Subject Matter Expert

TENA

This course has been developed to provide the learner with the knowledge, practical tools and support to significantly reduce (or eliminate) incontinence-related perineal skin conditions.

Target Audience

The course is aimed at anyone working in the Aged Care sector required to undertake incontinence training.

Learning Outcomes

This course will provide an understanding of:

- perineal skin care
- preventing perineal dermatitis
- teamwork for continuous improvement, and
- caring for the individual.

INCONTINENCE NIGHT CARE

Course Duration

25 minutes

Subject Matter Expert

TENA

This course has been developed to provide you with an understanding of good practice incontinence night care to promote a good night's sleep for incontinent persons and to alleviate caregiver workload.

Target Audience

The course is aimed at anyone working in the Aged Care sector required to undertake incontinence training.

Learning Outcomes

This course will provide an understanding of:

- the importance of sleep
- how to establish night time routines for incontinence care
- how to avoid unnecessary pad changing
- the importance of personalised care, and
- the coordination of day and night shift staff.

PAD CHANGING AND CHANGE FREQUENCY

Course Duration

15 minutes

Subject Matter Expert

TENA

This course has been developed to provide you with the knowledge, practical tools and support for good practice pad changing and change frequency.

Target Audience

The course is aimed at anyone working in the Aged Care sector required to undertake incontinence training

Learning Outcomes

This course will provide an understanding of:

- daily pad changing routines
- the benefits of good practice pad changing and change frequency
- how to maintain resident dignity and reduce carer workload and strain, and
- how to fit pads properly.

INDIVIDUAL ASSESSMENT AND PRODUCT SELECTION

Course Duration

70 minutes

Subject Matter Expert

TENA

This course has been developed to provide an understanding of how to assess an individual's incontinence protection requirements and select an appropriate continence product for them as part of delivering personalised continence care.

Target Audience

The course is aimed at anyone working in the Aged Care sector required to undertake incontinence training.

Learning Outcomes

This course will provide an understanding of:

- the importance of personalised continence care
- how to conduct an individual assessment, including the appropriate mapping criteria to use to ensure the correct data is collected
- product selection, and
- how to maintain personalised continence care at an organisation.

DEMENTIA AND INCONTINENCE

Course Duration

25 minutes

Subject Matter Expert

TENA

This course has been developed to provide an understanding of good practice continence care for those with dementia.

Target Audience

This course is aimed at any staff working in an aged care facility required to undertake incontinence training.

Learning Outcomes

This course will provide an understanding of:

- the different diseases that can cause dementia
- the impact dementia can have on a person's behaviour and how this has consequences for their everyday continence care
- how to make it easier for dementia sufferers to toilet themselves
- how to choose appropriate products to facilitate self-changing and toileting, and
- how to appropriately approach individuals with dementia.

BOWEL MANAGEMENT

Course Duration

45 minutes

Subject Matter Expert

TENA

This course has been developed to provide learners with an understanding of faecal incontinence, constipation, and their causes, management techniques and the type of care someone affected by faecal incontinence requires.

Target Audience

This course is designed for healthcare workers.

Learning Outcomes

This course will provide an understanding of:

- the basic anatomy and physiology of the gastrointestinal tract
- the different types and various causes of faecal incontinence
- how to manage faecal incontinence
- what someone with faecal incontinence may go through, and
- how to provide better care for someone affected by faecal incontinence.